

Students Name: _____

Random Acts of Kindness

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

I certify that my child completed
the ten random acts of kindness
mentioned above.

Parent signature: _____



Students Name: _____

Chores Log

(completed all assigned chores
each week)

	Date	Parents initials
Week 1	_____	_____
Week 2	_____	_____
Week 3	_____	_____
Week 4	_____	_____

I certify that my child has
completed
his/her chores for each of
the four weeks initialed above.

Parent signature: _____



Students Name: _____

Healthy Eating Log

(you must eat at least one fruit or
vegetable with every meal)

	Date	Parents initials
Week 1	_____	_____
Week 2	_____	_____
Week 3	_____	_____
Week 4	_____	_____

I certify that my child has
eaten healthy for each of the
four weeks initialed above.

Parent signature: _____